



## **Tentative 2021 “Take Heart” Retreat Schedule – Bolivar, PA**

### **Monday, September 20**

- 2:30 Event Check-in
- 3:00 Opening Worship
- 3:45 Welcome/Meeting and Greeting
- 4:15 Setting the Scene: Ministry and COVID-19 Days
- 5:30 Dinner
- 6:30 Loneliness/Isolation: Care for Our Own and Care for Others
- 7:45 Evening Prayer Office
- 8:20 Welcome Reception

### **Tuesday, September 21**

- 8:00 Breakfast
- 8:45 Morning Prayer Office
- 9:15 Hot Beverages available
- 9:30 Anatomy of Burnout
- 10:30 Morning Break
- 11:00 Prayer and Meditation: Spiritual Self Care and Meditation
- 12:00 Lunch
- 1:00 Equipping Pastors for Resilience in Ministry I
- 2:00 Afternoon Break
- 2:30 Promoting Peace in the Parsonage
- 3:30 Afternoon Break
- 4:00 Take Heart! – Table Talk
- 5:30 Dinner
- 8:00 Evening Prayer Office
- 8:30 Evening Snack

### **Wednesday, September 22**

- 8:00 Breakfast
- 8:45 Morning Prayer Office
- 9:15 Hot Beverages available
- 9:30 Responding to Judgment: The Matter of Conscience
- 10:30 Morning Break
- 11:00 Equipping Pastors for Resilience in Ministry II
- 12:00 Lunch
- 1:00 Goal Setting
- 2:00 Evaluation
- 2:15 *Itinerarium*